
STARTER

COAST CHOWDER

Mixed Atlantic Chowder, served with
Home made Brown Bread

C

€9

HOME MADE SOUP OF THE DAY

served with Home made Brown Bread

C V

€6

HOT WOK CHICKEN

Chinese 5 Spice coated chicken bites finished with sautéed onions,
peppers & sweet chilli sauce

C

€9.9

PEAR & BRIE CROSTINI

On a Sourdough bread with balsamic reduction & pomegranate

V

€9.9

COAST CHICKEN

WINGS

Slow Cooked Spiced Chicken Wings with ranch Dip

€9

COAST CLEW BAY MUSSELS

Roast Garlic & Leek Cream with Home made Brown Bread

C

€10.9

GOLDEN FRIED CALAMARI

with dressed Mixed Leaves & a Sriracha and lime dip

€10

BOOST UP SALAD

Mesclun leaf salad with cherry tomato, beetroot, toasted mixed seed,
onion, avocado, pomegranate, goats cheese & honey mustard
dressing

C V

€10

+ PRAWN €4.40 | + CHICKEN €4

MAINS

BEER BATTERED FRESH COD

€17

Fresh Cod, Mushy Peas, Tartare Sauce & Chips or Wedges

GRILLED DARNE OF SALMON

C

€18.9

served with creamy mashed potatoes, rustic chunky vegetables, spinach & sundried tomato cream

STEAK SANDWICH

€17.9

6oz Irish minute steak served in a rustic sourdough baguette, horseradish mayonnaise, onion, mushrooms, Salad & Chips or Wedges

COAST CLEW BAY MUSSELS

€16.5

Roast Garlic & Leek Cream with Brown Bread

THAI RED VEGETABLE CURRY

C V

€13.5

Creamy Mild Red Thai Curry with Mediterranean Vegetable, steamed rice & Poppadom + PRAWN €4.50 | + CHICKEN €4

CHICKEN WINGS

€15

Slow Cooked Spiced Chicken Wings with ranch Dip & Chips or Wedges

HOT WOK CHICKEN

C

€16.5

Chinese 5 Spice coated chicken bites finished with sautéed onions, peppers & sweet chilli sauce. Served with Salad & Chips or Wedges

BOOST UP SALAD

C V

€12.9

Mesclun leaf salad, onions, cherry tomato, beetroot, toasted mixed seeds, peppers, avocado, pomegranate, goats cheese & honey mustard dressing + PRAWN €4.50 | + CHICKEN €4

NEW

MUSHROOM & SPINACH TAGLIATELLE

€13.9

Tagliatelle pasta in a creamy mushroom and baby spinach sauce and served with Garlic Bread + PRAWN €4.50 | + CHICKEN €4

NEW

GOLDEN FRIED CALAMARI

€16.9

with dressed Mixed Leaves & a Sriracha and lime dip

LIGHT BITES

CAJUN CHICKEN WRAP

€10.5

Cajun chicken, Ballymaloe Tomato Relish
Irish Cheddar in a flour tortilla with crisp rocket

NEW

COAST B.L.T

€10.5

Crispy bacon, lettuce, tomato on a Toasted Sourdough Bread

NEW

OPEN GOATS CHEESE SANDWICH V

€10.5

Grilled Goats Cheese, marinated tomato, Basil Pesto on Toasted Sourdough

NEW

VEGGIE WRAP V

€9.9

Toasted veggie burrito filled with tomato salsa.
Avocado, spinach, carrot, red onion, peppers,
mozzarella cheese and a vegan mayonnaise
(go vegan without the cheese)

SLICED PAN SANDWICH

€6.5

Chicken | Ham | Salad | Cheese

+ TOASTED €7.30

BURGERS

COAST BURGER

C

€15.9

Homemade 100% Irish Beef Burger, Red Onion, Tomato, Lettuce & Coast Burger Sauce with Salad, Chips or Wedges

CHICKEN BURGER

C

€15.9

Chargrilled Escalope of Marinated Chicken, Red Onion, Lettuce & Coast Burger Sauce with Salad, Chips or Wedges

BEYOND MEAT BURGER

C V

€16.5

The worlds first plant based burger thats looks cooks and satisfies like beef without GMOs. Served with Ballymaloe relish, lettuce, tomato, onion, vegan mayonnaise in a Vegan Beetroot Bun with Salad, Chips or Wedges


ADD ON

BACON €2
PEPPERJACK CHEESE €1.5

CHEDDAR CHEESE €1

SIDES

SIDE SALAD	€4.5
CHIPS	€4.5
SWEET POTATO FRIES	€5
ONION RINGS	€4.5
CREAMED POTATOE	€4.5
SEASONAL VEGETABLES	€4.5
WEDGES	€4.5
COLESLAW	€3

FOOD ALLERGY NOTICE;
Food prepared here may contain nuts and other ingredients which can cause allergic reactions. If you or any of your guests have an allergy please inform your server and our chefs will be happy to accommodate your needs.
FRIENDLY OPTIONS AVAILABLE;; C COELIAC I V VEGETARIAN I  VEGAN