STARTER

COAST CHOWDER

Mixed Atlantic chowder, served with homemade brown bread

> CV€9.5

HOME MADE SOUP OF THE

DAY served with homemade brown bread

> CV€6.5

HOT WOK CHICKEN

Chinese 5 spice coated chicken bites finished with sautéed onions, peppers & sweet chilli sauce

> C €10.5

PEAR & **BRIE CROSTINI**

On a sourdough bread with balsamic reduction & petite salad

€10.5

COAST CHICKEN WINGS

Slow cooked spiced chicken wings with ranch dip

> C €9.5

KILLARY FJORD

MUSSELS Roast garlic & leek

cream with homemade brown bread

€11.5

BOOST UP SALAD

Mesclun leaf salad with cherry tomato, onion, beetroot, toasted mixed seeds, peppers, avocado, pomegranate, goats cheese & a honey mustard dressing OPTIONAL

CV

€10.5

+PRAWN €5.50 | +CHICKEN €5

GOLDEN FRIED CALAMARI

with dressed Mixed leaves & a sriracha and lime dip

€10.9

LIGHT BITES

CAJUN CHICKEN WRAP

Cajun chicken, Ballymaloe tomato relish Irish cheddar in a flour tortilla with crisp rocket

NEW COAST B.L.T

Crispy bacon, lettuce, tomato on a toasted sourdough bread

NEW OPEN GOATS CHEESE SANDWICH V

Grilled goats cheese, marinated tomato, basil pesto on toasted sourdough

NEW VEGGIE WRAP / OPTIONAL V

Toasted veggie burrito filled with tomato salsa. Avocado, spinach, carrot, red onion, peppers, mozzarella cheese and a vegan mayonnaise (go vegan without the cheese)

SANDWICH

Chicken | Ham | Salad | Cheese

+ TOASTED

(COELIAC OPTION AVAIALBLE)

€11

€11

€11

€10.5

€7

€7.8

COAST BAR

LUNCH MENU



GOURMET BURGER

COAST BURGER c

€17.9

Homemade 100% Irish beef burger, red onion, tomato, lettuce & coast burger sauce. Served with salad & chips or wedges. (Gluten Free Bun Available)

CHICKEN BURGER c

€16.9

Chargrilled escalope of marinated chicken, red onion, lettuce & coast burger sauce. Served with salad & chips or wedges (Gluten Free Bun Available)

BEYOND MEAT BURGER \sim C V



€17.9

The worlds first plant based burger thats looks cooks and satisfies like beef without GMOs. Served with Ballymaloe tomato relish, lettuce, tomato, onion, vegan mayonnaise in a vegan beetroot bun & chips or wedges. (Gluten Free Bun Available)

ADD ON

BACON €2.5 PEPPERJACK CHEESE €2 CHEDDAR CHEESE €1

SIDES

SIDE SALAD	€5	CREAMED POTATO	€5
CHIPS	€5	SEASONAL VEGETABLES	€5
SWEET POTATO FRIES	€5.5	WEDGES	€5
ONION RINGS	€5	COLESLAW	€3.5

MAIN

BEER BATTERED FISH OF THE DAY €18

Please ask your server

Served with mushy peas, tartare sauce & chips or wedges

GRILLED DARNE OF SALMON c €20.5

served with creamy mashed potatoes, rustic chunky vegetables, spinach & sundried tomato cream

KILLARY FJORD MUSSELS c €17.5

Roast garlic & leek cream served with chips

PENNE ARRABBIATA €14.5

Rustic vegetables in a rich tomato, garlic & basil sauce. Served with parmesan cheese, rocket leaves & garlic bread **+PRAWN €5.50 | +CHICKEN €5

(Go Vegan without Cheese)

THAI RED CURRY C V €14.5

Creamy mild red thai curry with mediterranean vegetable, steamed rice & poppadum +PRAWN €5.50 | +CHICKEN €5

STEAK SANDWICH €18.9

6oz Irish minute steak served in a rustic sourdough baguette, horseradish mayonnaise, onion, mushrooms, salad & chips or wedges

FOOD ALLERGY NOTICE:

Food prepared here may contain nuts and other ingredients which can cause allergic reactions. If you or any of your quests have an allergy please inform your server and our chefs will be happy to accommodate your needs. FRIENDLY OPTIONS AVAILABLE:

C COELIAC | V VEGETARIAN | VEGAN



We support local!

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COAST CHICKEN WINGS c

Slow cooked spiced chicken wings with ranch dip & chips or wedges

HOT WOK CHICKEN c

€17.5

€16

Chinese 5 spice coated chicken bites finished with sautéed onions, peppers & sweet chilli sauce. Served with salad & chips or wedges

GOLDEN FRIED CALAMARI

€17.9

€13.9

Served with dressed mixed leaves, a sriracha & lime dip & chips

BOOST UP SALAD / C \vee

Mesclun leaf salad with cherry tomato, onions, beetroot, toasted mixed seeds, peppers, avocado, pomegranate, goats cheese with honey & mustard vinegarette +PRAWN €5.50 | +CHICKEN €5 (go vegan without the cheese)

SIDES

SIDE SALAD €5

CHIPS €5

SWEET POTATO FRIES €5.5

€5 **ONION RINGS**

CREAMED POTATO

SEASONAL VEGETABLES €5

WEDGES

€3.5 **COLESLAW**

DESSERT

CREME BRULEE c

€7.5

€7.5

€6.9

Served with homemade flapjack

COAST STICKY TOFFEE PUDDING

Served with butterscotch sauce & caramel ice cream

RASPBERRY & WHITE €7.5 **CHOCOLATE ROULADE** c

Served with a mixed berry coulis fresh cream & strawberry ice cream

WARM CHOCOLATE BROWNIE €7.5

Served with fresh cream. & vanilla ice cream

WARM APPLE PIE

Fresh cream & custard

CHEESECAKE OF THE DAY €7.5

Please ask your server for today's flavour

SELECTION OF ICE-CREAM c €6.9

JELLY & ICE CREAM c

Please ask your server for today's flavour

ALL ICE CREAM ARE MADE IN HOUSE & CONTAINS EGG

HOT DRINKS MILK ALTERNATIVE + €0.50 : SOYA | OAT | ALMOND

CAFFÉ LATTE ADD FLAVOUR :.50C VANILLA | CARMEL |

HA7FI NUT

CAPPUCCINO ADD FLAVOUR:.50C

VANILLA | CARMEL | HAZELNUT

CAFFÉ AMERICANO

Espresso topped with hot water

FLAT WHITE Espresso with

steamed velvety milk

HOT CHOCOLATE

Shot of espresso extracted the Italian way

ESPRESSO

DOUBLE **ESPRESSO**

BREWED BEWLEY'S TEA

FRESHLY

chai tea, steamed milk & cinnamon

CHAI LATTE

milk, espresso & cinnamon

DIRTY

CHAI LATTE

chai tea, steamed

Espresso, rich dark chocolate sauce and steamed milk €4.1

CAFFÉ MOCHA

DARK

PEPPERMINT | GREEN TEA CHAMOMILE EARL GREY BFRRY

HERBAL TEA

€3.5

€4.1

€4.1

€4

€4.1

€4.1

€3.7

€4.2

€3.2

€4.1

€4.3