

LUNCH MENU 12 NOON-3.30PM

START

COAST Chowder (C) €6.50
Mixed Atlantic Seafood Chowder served with Homemade Brown Bread or Gluten Free Bread

Soup of the Day (C) (V) €4.40
Chefs Homemade Soup, Served with Homemade Brown Bread or Gluten Free Bread

Goats Cheese Tartlet €7.00
Oven baked with a Red Onion Marmalade & Basil Pesto

Clew Bay Mussels (C) €7.50
Steamed Clew Bay Mussels supplied by Pdraig Gannon, Roast Garlic, Chive & Shallot Cream

Crab Claws (C) €7.50
Crab Claws Tossed in Chive, Lemon & Garlic Butter, Served with Side Salad

Herb Crumbed Fish Cake €7.90
Infused with Dill, Mango & Mild Sweet Chilli Dressing, served with Side Salad

Duck Spring Roll €7.50
Scented with Garlic & Ginger Tangy Barbeque Sauce, Served with Salad

Super Salad (C) (V) €6.50
Mesclun Leaf Salad with Beetroot, Cherry Tomato, Crunchy Bean Sprouts, Sunflower & Pumpkin Seeds, Avocado & Feta Cheese, Tangy Honey & Blue Poppy Seed Dressing
Add Warm Char Grilled Chicken €3.00

Prawn Salad (C) €7.50
Served with Baby Gem Salad & Marie Rose sauce

LIGHT BITES

Wraps
Chicken Tandoori, Streaky Bacon
With Lettuce & Red Onion **€7.80**

Vegetarian Melt, Mozzarella Cheese,
Sun dried tomato, Rocket Leaves, Black Olives,
Green Pesto & Mayonnaise **€6.90**

Paninis
Cajun Chicken
with Cheddar Cheese & Red Onion **€7.50**
Goats Cheese, Rocket, Avocado, Sundried Tomato, Black
Olives & Green Pesto **(V) €7.50**

Coast BLT Crispy Bacon, Lettuce & Tomato, Served on a Bap **€7.50**

Open Connemara Smoked Salmon €6.50
Served on Homemade Brown Bread with Cucumber, Tomato & Side Salad

Sandwich Selection (V) €3.80
Toasted Sandwiches €4.40
Choose from ■ Chicken ■ Ham ■ Salad ■ Cheese ■ Tuna
Accompanied by Salad Petite (Please ask your waiter for Gluten Free Bread)

MAIN

Thai Red Chicken Curry (C) €11.90
Creamy Mild Red Thai Curry with Steamed Basmati Rice & Poppadom
(Coeliac Friendly without Poppadom)

Beer Battered Cod & Chips €12.50
Served with Mushy Peas & Tartar Sauce

Honey Roast Half Duck €14.50
With Sausage, Sage, Cranberry & Chestnut Farce,
Homemade Gravy,
Served with Vegetable & Potato of the Day

COAST Gourmet Burger €11.50
Homemade burger with 100% Irish Beef, Red Onion,
Lettuce & Mayonnaise, Served with Petite Salad & Chips
Add Streaky Bacon €0.50
Add Pepper Jack Cheese €0.50

Clew Bay Mussels (C) €11.90
Steamed Clew Bay Mussels supplied by Pdraig Gannon,
Roast Garlic, Chive & Shallot Cream

Kelly's of Newport
"Bangers & Mash" €12.00
Kelly's famous Lamb & Cranberry Sausages Served with Creamed Potatoes & Caramelised Onion Grav

LUNCH MENU 12 NOON -3.30PM

MAIN

Char Grilled

8oz Sirloin Steak (C) €19.00

Sautéed Onions & Mushrooms with Homemade Potato Wedges, served with Garlic or Peppercorn Sauce

Char Grilled

9oz Rib Eye Steak (C) €19.00

Sautéed Onions & Mushrooms with Homemade Potato Wedges, Garlic or Peppercorn Sauce

Herb Crumbed Fish Cakes €10.50

Infused with Dill, Mango & Mild Sweet Chilli Dressing, served with Petite Salad & Chips

Escalope of

Char Grilled Salmon (C) €12.50

Served with sautéed baby Potatoes, Green Beans, Black Olives & Basil Pesto

Chicken Burger €11.50

Char Grilled Escalope of Marinated Chicken Breast Red Onion, Lettuce & Mayonnaise, served with Petite Salad & Chips

Add Streaky Bacon €0.50

Add Pepper Jack Cheese €0.50

Duck Spring Roll €10.50

Scented with Garlic & Ginger Tangy Barbeque Sauce, Served with Salad

Super Salad (C) (V) €9.50

Mesculin Leaf Salad with Beetroot, Cherry Tomato, Crunchy Bean Sprouts, Sunflower & Pumpkin Seeds, Avocado & Feta Cheese, Tangy Honey & Blue Poppy Seed Dressing

Add Warm Char Grilled Chicken Strips €3.00

Crab Claws (C) €12.50

Crab Claws Tossed in Chive, Lemon & Garlic Butter, Served with Salad

Creamy Mushroom & Spinach Pasta €9.90

Rich Mushroom & Baby Spinach Sauce with Garlic Bread

Add Warm Char Grilled Chicken Strips €3.00

(Coeliac Friendly as Requested)

Marinated Escalope of Chicken (C) €12.50

Char Grilled on a Bed of Mixed Leaves with Supreme Sauce & Homemade Potato Wedges or Served with Vegetables & Potato of the Day

Side Orders

Chips €2.40

Vegetables of the Day €2.60

Side Salad €2.90

Garlic Bread €2.40

Homemade Onion Rings €2.90

Mashed Potatoes €2.40

Please allow appropriate cooking times for well done meats

(V) = Vegetarian (C) = Coeliac suitable

DESSERT

Warm Sticky

Toffee Pudding €5.80

Served with Butterscotch Sauce & Ice - Cream

Raspberry & White

Chocolate Roulade €5.80

Served with Mixed Berry Coulis

Chocolate Profiteroles €5.80

Profiteroles filled with Fresh Cream, smothered in a Hot Chocolate Sauce

Warm Apple Pie €5.80

Served with Cream or Ice Cream

Cheesecake of the Day €5.80

Please ask your server

Selection of Ice-Cream €4.50

Jelly & Ice-Cream €4.00

Cheese Platter €6.80

Selection of Mild & Strong Flavours served with an Assortment of Crackers

Homemade Fruit Scones €2.00

One scone with preserves, Chantilly cream

Food Allergens: Please speak to your waiter inside